

Regent Park Spriha Society Annual Report 2024

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1. Message from the CSR Head

In 2024, Regent Park Spriha Society continued to address pressing community needs through our focused programs on menstrual health and Indian Sign Language (ISL) education. Despite challenges in infrastructure and entrenched social norms, our efforts in school-based sessions and digital initiatives have produced measurable improvements in awareness and practical behavior. This report outlines our activities, outcomes, and financial performance for the year and sets the stage for our strategic objectives over the next five years.

2. Program Overview and Impact

2.1 Let's Talk About Periods (LTAP)

Program Description:

The LTAP initiative works to improve menstrual health awareness and hygiene practices in government and low-income schools. In 2024, sessions were held in 13 schools across Kolkata and the surrounding regions.

Key Outcomes:

- **Schools Reached:** 13
- **Students Participated:** Over 1,300
- **Menstruators Addressed:** 1,186
- **Non-menstruators Addressed:** 149

Activities:

- Conducted educational workshops explaining menstruation as a natural biological process.
- Distributed sanitary napkin packets to students after each session.
- Installed sanitary napkin vending machines at selected schools to enhance product accessibility.

- Collected pre-program survey data to identify knowledge gaps and post-program feedback to assess improvements in hygiene practices.

Survey Findings:

- Pre-program surveys showed high baseline awareness of menstruation but also revealed strong adherence to cultural taboos and restrictive practices.
- Post-program feedback indicated that nearly all participants recognized menstruation as a natural process, with significant improvements in hygiene practices, such as changing sanitary napkins every 5–6 hours.

2.2 Indian Sign Language (ISL) Classes

Program Description:

Our ISL classes were designed to provide practical language skills to students, facilitating better communication and inclusion for the deaf community.

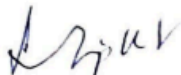
Key Outcomes:

- Regular sessions were conducted across multiple batches.
- Participants improved their ability to communicate effectively using ISL in academic and social settings.
- The program has helped foster an inclusive environment and enhanced interactions between students and educators.

3. Financial Summary

A detailed audit sheet has been prepared for 2024, and key financial highlights are summarized below:

- **Total Income:** INR 321719
- **Total Expenses:** INR 187534
- **Remaining Balance:** INR 134185

<p style="text-align: center;"> REGENT PARK SPRIHA SOCIETY 44A BABURAM GHOSH ROAD KOLKATA 700040 Regn. No. S0021951 Of 2021-22 Under WBSR ACT, 1961 </p>			
<p style="text-align: center;">Receipts and Payments Account for the year 2023-24</p>			
Dr	Rs.		Rs. Cr.
To Opening Balance	55652	By Sanitary Napkin Dispenser	36850
To Donations	92280	By Capacity Buiding Session	20872
To Spoken English Registration	3700	By Sanitary napkins	3100
To Indian Sign Language Registration	17900	By Wix Renewal	1756
To Exhibition Registration	97675	By Audit and renewal	3500
To Membership Fees	19200	By CSR certificate	5500
To Queer Webinar	2550	By Devices (Projector and Screen)	17000
To Exhibition Spriha Stall	22857	By Travel	7848
To 8th March Product Stall	4910	By Printouts	14030
To 31st March Product Stall	4995	By Plants	420
		By Telephone Bills	1882
		By Biscuits	3589
		By Exhibition Expenses	55776
		By Foundation Day Expenses	9800
		By ISL Instructor Remuneration	2000
		By Other Event Registrations	1085
		By Miscellaneous Expenses	2526
		By Closing Balance	134185
	<u>321719</u>		<u>321719</u>
<p>Per my Report attached of even date.</p>			
<p>  Sudhip Kumar Sen Chartered Accountant M. No. 052858 12th April 2024 at Kolkata UDIN: 24052858BKESWW6359 </p>			

Expenditure Details:

- Costs for installing and maintaining sanitary napkin vending machines.
- Procurement and distribution of sanitary napkins.
- Training of facilitators and production of session materials.
- Expenses related to monitoring, evaluation, and capacity-building activities.

All funds have been managed with transparency to maximize impact and ensure sustainability.

4. Challenges and Lessons Learned

Challenges Encountered:

- Inadequate infrastructure in some schools hindered access to hygiene products.
- Persistent cultural taboos limited immediate behavioral change among students.
- Time constraints within school schedules affected the duration of sessions.

Responses and Adjustments:

- Organized follow-up sessions and workshops to reinforce key messages.
- Strengthened partnerships with school administrations to improve facilities.
- Systematically collected feedback to adapt and improve future sessions.

5. Objectives and 5-Year Action Plan (March 2025 – February 2030)

Introduction

Building on the work completed during our initial two years, this five-year plan outlines steps to expand and institutionalize our interventions. The plan focuses on scaling our key programs, “Safer Futures: Sports, Sexual and Reproductive Health, and Gender-Based Violence Prevention for Women with Disabilities” and “Let’s Talk About Periods,” while integrating new initiatives, such as ISL classes and a mobile application for menstrual health education.

Years 1-2: Foundation, Implementation, and Early Impact

- **Empowering Women with Intellectual Disabilities:**
Conduct baseline assessments; design and deliver GBV and SRH training; implement sports-based interventions in 10 districts, targeting 600 beneficiaries.
- **Let’s Talk About Periods Initiative:**
Engage 39 schools and reach over 4,500 young menstruators through workshops and community outreach, with additional support to 2,000 menstruators. The focus includes installing sanitary napkin vending machines and implementing targeted outreach in areas such as Budge Budge.
- **Learn with Spriha:**
Deliver lectures, panel discussions, and courses in Indian Sign Language and Spoken English.
- **Game App Development:**
Develop a mobile application to provide menstrual health education, cycle tracking, and personalized guidance based on user data.

- **Monitoring and Evaluation:**
Conduct quarterly reviews and mid-term/end-line evaluations to ensure program quality and adapt interventions as needed.

Year 3 (March 2027 – February 2028): Scaling and Geographic Expansion

- **Expansion of Beneficiary Reach:**
Extend sports-based interventions to additional districts to serve over 1,000 women with intellectual disabilities. Increase the reach of the LTAP initiative to more schools, rural communities, and peri-urban areas, boosting beneficiary numbers by 50%.
- **Enhanced Training and Digital Integration:**
Introduce advanced modules for GBV and SRH workshops and develop digital training resources. Launch the mobile application to track beneficiary progress and facilitate community engagement.
- **Strengthening Partnerships:**
Establish new alliances with local government bodies, educational institutions, and private sector CSR programs to secure additional resources.

Year 4 (March 2028 – February 2029): Deepening Impact and Institutional Integration

- **Community Hubs and Institutionalization:**
Set up community centers that function as resource hubs for SRH, GBV prevention, and skill development, with ongoing access to support services. Collaborate with local authorities to integrate programs into public health and education systems.
- **Capacity Building and Sustainability:**
Expand training programs for staff, facilitators, and volunteers with an emphasis on leadership and peer mentoring. Increase efforts to secure diversified funding, including corporate partnerships and government grants.
- **Policy and Advocacy:**
Initiate campaigns at the state and national levels to support gender justice, inclusive education, and improved menstrual health practices. Organize regional forums and dialogues to share best practices and drive policy reform.

Year 5 (March 2029 – February 2030): Consolidation, Legacy, and Policy Leadership

- **Institutionalization of Programs:**
Document success stories, impact metrics, and lessons learned to develop a replicable model

for wider adoption nationally and internationally.

- **Nationwide Advocacy and Policy Impact:**

Establish a policy advisory board to guide the integration of our programs into national frameworks. Publish comprehensive impact reports and case studies to influence policy change.

- **Sustainable Partnerships and Innovation:**

Secure long-term partnerships with international donors, local governments, and private entities to ensure ongoing financial stability. Invest in research and data analysis to improve program effectiveness.

6. Conclusion

The activities and outcomes of 2024 have provided valuable insights into improving menstrual health education and ISL training within our community. Moving forward, we will build on these successes through our 5-year action plan, with clear steps to scale our operations, deepen impact, and integrate our initiatives into broader community systems. We remain committed to transparent operations, measurable impact, and a long-term strategy that meets the evolving needs of our beneficiaries.

Rishav Das (Head of CSR, Regent Park Spriha Society)



*Prepared by the Corporate Social Responsibility Office
Regent Park Spriha Society*